



Snee-Nee-Chum

A monthly newsletter of the Nooksack Indian Tribe

Snee-Nee-Chum | P.O. Box 157 | Deming, WA 98244

Volume 6, Number 1 August 2016

Upcoming Events

- 8/4 – Elder’s Committee Meeting (open to all elders)
- 8/5 – Food Bank Distribution Day
- 8/9 – STOWW
- 8/9-8/13 – Elder/Youth Circle (see page 16)
- 8/16 – Nooksack Way of Life Youth Prevention Dinner (Community Building)
- 8/17 – Back to School Grillin’ & Chillin’ (see page 4)
- 8/23 – Clinic Closes at Noon
- 9/2 – Tribe Closed (Council Elect)
- 9/5 – Tribe Closed (Labor Day)
- 9/23 – Tribe Closed (Governance Day)

REMINDER: Funeral proceedings are a priority set of events at the Mí sq’ eq’ ó Community Building. Should any other event scheduled conflict with the needs of funeral proceedings, the event will be cancelled and/or postponed.

Nooksack Way of Life Provides Sewing and Drum Making Classes for Youth



In July, Nooksack Way of Life teamed up with local specialist to provide sewing and drum making classes for the youth.

Nooksack Way of Life youth participants of the 2016 Canoe Journey made their own ragalia outfits. Susan Cline brought her skills and supported the youth as they created their own clothing pieces. Roy Baily assisted in the drum making session. Each youth made a drum as a giveaway donation.

The youth had been training at Bloedel Donovan for several weeks prior to the July 20th launching. Michael Jimmy and Jenna Williams took the youth out for regular paddling sessions.

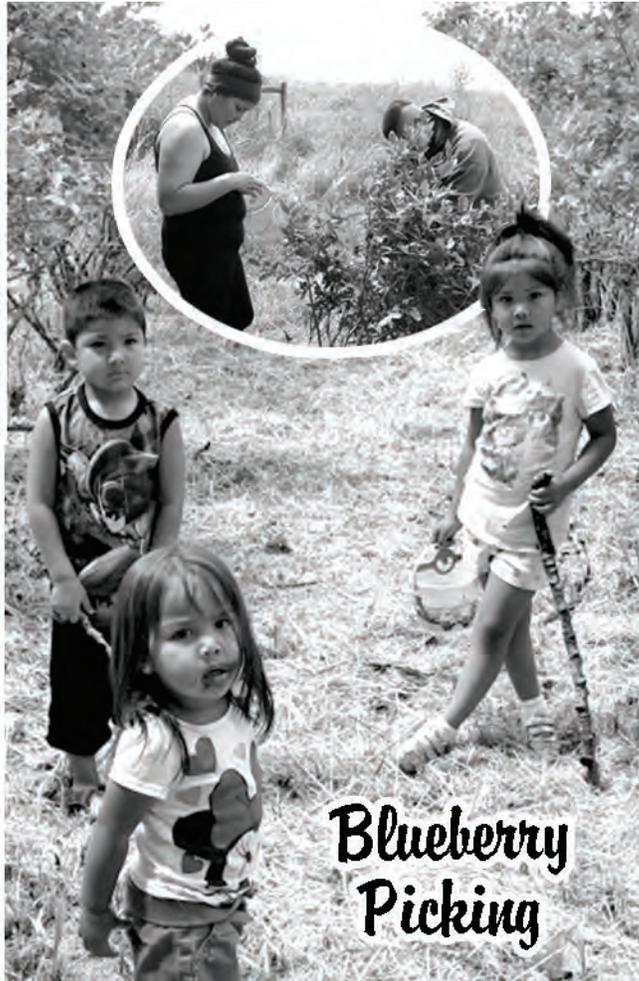
Prior to the craft workshops, the teens took a class on water safety from the US Coast Guard, plus a health and wellness class from our NIT doctor, Cate Webb. These courses are designed to better prepare the youth to react to the unexpected. ■

more photos on pages 2 and 3

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Nooksack Health Clinic & Housing
present:

Grillin' & Chillin' Info Fair

*Local Vendors • Food
Fun Activities!*



**Wednesday,
August 17, 2016
10am - 3pm**

**Mí sq' eq' ó
Community Building**

Antonio Swanaset Joins Marine Corps



Antonio Swanaset has left for (MCRD), San Diego: Marine Corps Boot Camp on June 13, 2016 for 13 weeks.

He is a Nooksack tribal member, grandson of George & Charlene Swanaset and son of George Jr & Lolita Swanaset.

Antonio is set to graduate on September 09, 2016.

Antonio has always been a helpful young man throughout the community. Always trying to do so wherever and whenever he can. He was always eager to cook fish for community gatherings.

After graduating from Nooksack Valley High School, Antonio worked for the Nooksack Housing Department for a short while.

Antonio spent his spare time working with his grandfather, George Swanaset, Sr., building canoes, and assisting with whatever else he could.

Antonio had begun his PT training at the Bellingham Recruiters office in November where he met twice a week until his ship date.

We are so proud of our son... ■

AUGUST: IMMUNIZATION AWARENESS MONTH

With the beginning of a new school year getting closer and closer, an important part of the "School Supply Check List" is making sure your children & family are up to date with immunizations. Not only is it required by the state for your little ones to be vaccinated, but it is also very important for adults to be properly updated.

Why are vaccines so important?

- Vaccines help prevent the spread of disease, especially to those that are most vulnerable to serious complications such as infants and young children, elderly, and those with chronic conditions and weakened immune systems.
- When children are not vaccinated, they are at increased risk for disease and can spread disease to others in their play groups, child care centers, classrooms and communities – including babies who are too young to be fully vaccinated and people with weakened immune systems due to cancer and other health conditions.

Vaccines are very safe!

- Vaccines are thoroughly tested carefully monitored licensed to ensure that they are very safe.
- Vaccines are among the safest and most cost-effective ways to prevent disease. They not only protect vaccinated individuals but also help protect entire communities by preventing and reducing the spread of infectious diseases.
- Currently the United States has the safest, most effective vaccine supply in its history. The country's long-standing vaccine safety system ensures that vaccines are as safe as possible.

Vaccines by Age Groups:

- Babies receive vaccinations that help protect them from 14 diseases by age 2.
 - Many of these immunizations require multiple doses within ages: Birth - 6 years. Please make sure your child is fully covered.
- Preteens and teens need four vaccines to protect against serious diseases:
 - MCV-4 (quadrivalent meningococcal conjugate) vaccine to protect against meningitis and blood infections (septicemia)
 - HPV (human papilloma virus) vaccine to protect against cancers caused by HPV such as cervical, vaginal, vulvar, and anal cancers.
 - Tdap vaccine to protect against tetanus, diphtheria, and whooping cough (pertussis)
 - A yearly flu vaccine to protect against seasonal flu.
- The recommended adult vaccines include:
 - A yearly flu vaccine
 - Shingles
 - Pneumonia
 - Hepatitis – Hepatitis B vaccine can help prevent liver cancer
 - Whooping Cough
- Let's help protect our Elders – older adults and adults with certain chronic conditions are at increased risk for serious complications from vaccine-preventable diseases, like pneumonia.



Domestic Violence and Sexual Assault Services

Domestic Violence happens a lot more in Indian Country. The major factors that contribute to this are: fear of retaliation; fear of police involvement; fear of ICW and other agencies; no transportation and being isolated on the reservations; fear of family reputation; no resources available; and fear of death threats. The fear that is caused by domestic violence or domestic abuse is real. There are services available to help those affected by abuse here in Whatcom County.

If you or someone you know is involved in a domestic violence, contact:

Nooksack Domestic Violence Program

360-592-5176 x 3444

or

Domestic Violence Sexual Assault Service (DVSAS)

1-877-715-1563

or for immediate assistance call your local law enforcement

911

Health Clinic Notes



Reminder

Sports physicals should be completed before school starts!! This will help eliminate any interruptions in participating.

Please bring your **completed forms** with you to your appointment.

*****If you complete your sports physical prior to September 1 2016, you will be entered into a raffle to win 4 Movie Passes!!!*****

This flu season 2016-2017, the clinic will not be providing the nasal spray, FluMist, as recommended by the Advisory Committee on Immunization Practices, ACIP.

New evidence shows that the FluMist does not fully protect individuals from the influenza virus.



Everyone ages 6 months and older is encouraged to receive an annual flu shot.

Patient Registration

Updates are required annually. If it has been more than a year, stop by our patient registration to complete. This will avoid any interruptions in medical services, and provide you with the most efficient services.

****Please ensure your contact information is up to date****

The Nooksack Clinic and Dental Center will not have walk-ins available on August 18. Regular schedule will resume on August 19.

On August 23, 2016 the clinic will be closed at 12pm.

Should you need to be seen urgently please see handout for after-hours needs.

Attention: Nooksack Voting Members

Are you tired of the 306 disenrollment issue dragging on for more than three years in tribal court? Do you want to bring the issue before the Nooksack voting membership to resolve?

A referendum is circulating to bring the 306 disenrollment issue before the voting members of the Nooksack Tribe. We currently have 466 signatures and if we get 522 people to sign the referendum petition then we can have an election to vote on disenrolling the 306.

Please go to the following website to read the referendum and sign the referendum online.
<https://www.change.org/p/nooksack-voting-members-disenroll-the-306>

All signatures are confidential but you can leave a public comment if you like. Please type your enrollment number after your last name.

If you would like to sign the online petition you can also mail us at: PO Box 254, Deming, WA 98244 or email us at nooksackstrong@gmail.com.

Thank you for your support!

Nooksack Strong ■

Nooksack Health Clinic Patients

After Hours – Holiday, Early / Administrative closures:

For Medical emergencies dial 911

24 hour Community Nurse Line: (800) 607-5501

If you have urgent same day medical issues please refer to:



Open 7 days a week from 8:30 am - 5:00 pm

Closed for Thanksgiving and Christmas.

Phone: 360-734-2330

Located one block north of Assumption Church.

2220 Cornwall Avenue, Bellingham, WA 98225

This clinic is a preferred provider for the following insurance carriers:

- AETNA
- REGENCE BLUE CROSS BLUE SHIELD(No HMO Plans)
- CIGNA 0.2361 in GREATWEST
- CIGNA THE LEWER AGENCY, INC
- DSHS (Open, unrestricted coupons, no HMO'S, No Molina, No CHPW)
- FIRST CHOICE HEALTH NETWORK
(Must have group # and First Choice Logo on card)
- GROUPHEALTH
- HMA
- LABOR & INDUSTRIES
- LIFEWISE (Premera Plan)
- LUMMI TRIBAL HEALTH (After 4:30 M-F, all day Sat & Sun)
- NOOKSACK TRIBAL HEALTH(
If eligible and after Nooksack Clinic is closed)
- MEDICARE
- PREMERA BLUE CROSS
- SHASTA ADMINISTRATIVE SERVICES (First Choice Plan)
- UNITED HEALTHCARE

For tribal employees (Shasta Insurance) or CHS only patients you may also use:



OPEN 7 DAYS a week

Hours: Mon-Fri: 8am-9pm and Sat-Sun: 9am-5pm

Phone: (360) 734-4300

4280 Meridian St., Bellingham, WA 98226

Patients will be accepted up to one hour prior to closing, or at the discretion of the clinic, in order to provide quality and compassionate care

NOTE: This clinic does NOT accept: DSHS (Medicaid) & Medicare. ■

NOOKSACK AUTOMOTIVE DEPT



Shop Hours:
7:30am - 5:00pm
Monday thru Friday

- ❖ All Technicians A.S.E. Certified
- ❖ Quality Repairs Guaranteed
- ❖ H.D. trucks, cycles, boats & equipment
- ❖ Advanced Diagnostics Performed
- ❖ Welding and Fabrication
- ❖ Towing Services Available

**FREE A/C
PERFORMANCE CHECK
WITH OIL CHANGE**

Services Include:

- Oil (up to 5 qts)
- Lube
- New Oil Filter
- Refill of Window Washer Refill

Plus:

- ✓ Air Filter ✓ Power Steering Fluid
- ✓ Tire Pressure ✓ Transmission Fluid
- ✓ Visual check of Brake Pads, Lights,
Turn Signals, Brake Lights, etc.



Nooksack Automotive
4975 G Deming Road
Deming, WA 98244
(360) 306-5756

WHATCOM COUNTY SPORTS PHYSICAL EXAM

(Required prior to participation in Middle & High Schools – PARENTS MUST REVIEW & SIGN)

- Pre-Participation
 Returning

Name _____ Birth Date _____ School _____ Exam Date _____
Address _____ City _____ Phone _____
Parent's Name _____ Work Phone _____ Sport (s) _____
In case of emergency contact: Name _____ Phone _____ Cell _____

MEDICAL HISTORY

- Yes/No (to be completed by student & parents/guardians)*
- Y N 1. Have you had any illness/injury recently or now?
 - Y N 2. Have you had a medical problem, illness or injury since your last exam?
 - Y N 3. Do you have any chronic or recurrent illness?
 - Y N 4. Have you ever had an illness lasting more than a week?
 - Y N 5. Have you ever been hospitalized overnight?
 - Y N 6. Have you had any surgery?
 - Y N 7. Have you ever had any injuries requiring treatment by a physician?
 - Y N 8. Do you have any organs missing? (*appendix, eye, kidney, testicle, etc.*)
 - Y N 9. Are you presently taking any medications? (*including vitamins, aspirin*)
 - Y N 10. Do you have any allergies? (*medicine, bees, foods*)
 - Y N 11. Have you ever had chest pain, dizziness, fainting, or passing out during or after exercise?
 - Y N 12. Do you tire more easily or quickly than your friends during exercise?
 - Y N 13. Have you ever had any problem with your blood pressure or your heart?
 - Y N 14. Have any close relatives had heart problems, heart attacks, or sudden death before they were age 50?
 - Y N 15. Do you have any skin problems? (*acne, itching, rashes, etc.*)
 - Y N 16. Have you ever had fainting, convulsions, seizures or severe dizziness?
 - Y N 17. Do you have frequent severe headaches?
 - Y N 18. Have you ever had a "stinger" or "burner" or "pinched nerve"?
 - Y N 19. Have you ever been "knocked out" or "passed out"?
 - Y N 20. Have you ever had a neck or head injury?
 - Y N 21. Have you ever had heat exhaustion, heat stroke, heat cramps, or similar heat-related problems?
 - Y N 22. Do you have asthma, trouble breathing, or cough during or after exercise?
 - Y N 23. Do you wear eyeglasses, contact lenses, or protective eyewear?
 - Y N 24. Have you had any problem with your eyes or vision?
 - Y N 25. Do you wear any dental appliance? (*braces, bridge, plate, retainer*)
 - Y N 26. Have you ever had a knee or ankle injury?
 - Y N 27. Have you ever injured any other joint? (*shoulder, wrist, fingers, etc.*)
 - Y N 28. Have you ever had a broken bone? (*fracture*)
 - Y N 29. Have you ever had a cast, splint, or had to use crutches?
 - Y N 30. Must you use special equipment for competition? (*braces, etc.*)
 - Y N 31. Has it been more than eight years since your last tetanus booster shot?
 - Y N 32. Are you worried about your weight?
 - Y N 33. Have you any medical concerns about participating in your sport?
 - Y N 34. Are you taking any pills or drugs to increase your strength or performance?
 - Y N 35. FEMALES: Have you any menstrual problems?

I attest, by my signature below, that to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of Parent/Guardian _____ Date _____
Signature of Student _____ Date _____

PHYSICAL

(to be completed by doctor)

Age _____ Height _____
Weight _____ BP _____
Pulse _____
Vision R _____ / _____ L _____

MEDICAL

Normal/Abnormal Findings

N A Appearance _____
N A Eyes _____
N A Ears _____
N A Nose _____
N A Throat _____
N A Heart _____
N A Lymph Nodes _____
N A Pulses _____
N A Lungs _____
N A Abdomen _____
N A Genitalia (*males only*) _____
N A Skin _____

MUSCULOSKELETAL

N A Neck _____
N A Back _____
N A Shoulder/Arm _____
N A Elbow/Forearm _____
N A Wrist/Hand _____
N A Hip/Thigh _____
N A Knee _____
N A Leg/Ankle _____
N A Foot _____

ASSESSMENT

Full Participation Limited Participation

Describe limitations, restrictions _____

Participation contraindicated (*list reasons*) _____

Recommendations (*equipment, taping, rehabilitation, referral*) _____

Examiner's Name _____

Signature _____

Phone _____ Date _____

5 Evenings of Kid's Club on Mission Rd: Aug 8-12

The Nooksack Outreach Mission, "The River"

– located at the A-frame Nooksack church building on 6605 Mission Road –

All Nooksack children, ages 5 to 11, and any friends they want to bring are invited to a free one-week evening kid's club called "One Way to Jesus" Vacation Bible School this August, just days from now. It starts every evening with an easy dinner at 6pm followed by great activities and a lot of fun while learning more about God. The club meets Monday through Friday during the second week of August.

Aug 8 thru 12, 2016, from 6pm to 8:30pm.

Come at 6:30 if you prefer to skip the dinner.

A parent, guardian or two can stay for dinner, for the whole evening, or just drop off their children after registering them. Rides home might be possible for those who need them. Some may wish to carpool. Natalie Finkbonner is the director and has been overseeing this popular program for many years in Whatcom County. ■



Sudoku

	8					2		
				8	4		9	
		6	3	2			1	
	9	7					8	
8			9		3			2
	1					9	5	
	7			4	5	8		
	3		7	1				
		8						4

How to play Sudoku:

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

A cell is the smallest block in the game. A row, column and region consists of 9 cells and the whole game consists of 81 cells. A region has thicker lines surrounding it. This simply makes it easier to play the game.

answers on page 17

Si:wesa:ythem tset Class

Summer months for the Si:wesa:ythem tset Class mean a cessation of our normal schedule and the conversion to bi-monthly meetings to attend the nutrition class offered by the clinic, work on contract learning assignments and internships, help with the Nooksack Elders documentary, complete enrollment in Running Start and/or local community colleges, and actually toil at summer jobs for remuneration.

The nutrition classes have been particularly rewarding and fun as we work with Barb and Sandra harvesting fresh produce from the clinic garden, learning about fats, fiber, and the most healthy food ingredients, and prepare

delicious, super-nutritious dishes for consumption.

Several class members will also be traveling to the UNITY Conference in Oklahoma City at the end of July with other tribal youth, but that, of course, is a story for next month's newsletter. ■





Welcome New Hires

Frank Buck, On-call Youth Aide
(06/29/2016)

Lynda Seixas, Police Officer
(07/08/2016)

■

Legal Notice – Monte E. Speedis

A Notice and Petition for Permanent Exclusion have been filed against you in Nooksack Tribal Court. You are hereby COMMANDED to appear at the Nooksack Tribal Court, 4971 Deming Road, Deming, Washington on August 24th, 2016 at 11:00 AM for a HEARING regarding this matter. ■

How to Submit News to the Snee-Nee-Chum Newsletter

You may submit news items or department updates for consideration to Charity Bernard at cbernard@nooksack-nsn.gov.

Items for the September newsletter must be submitted by August 15th.

Questions? Call Charity at
(360) 592-5176, extension 3114. ■

If the legends
fall silent
who will teach the
children of our ways?

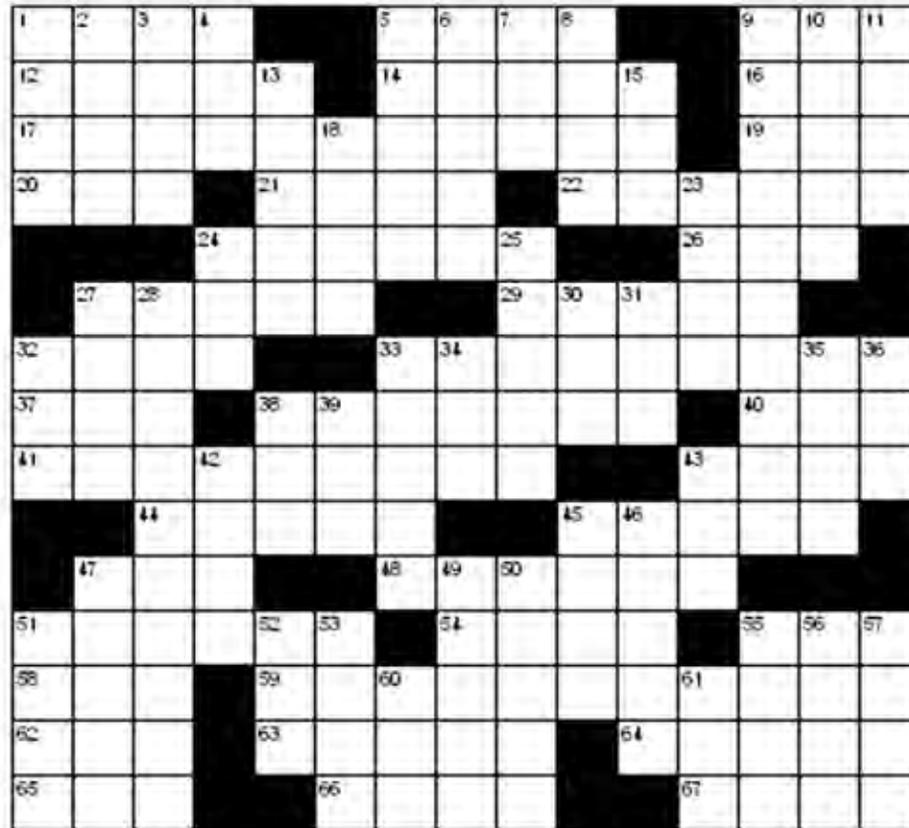
Chief Dan George

SUMMER OLYMPICS

Puzzle by Frank A. Longo
 Edited by Will Shortz

ACROSS

1. See 45-Down
5. Times Roman or Helvetica, for example
9. Org. in which Brownies sell cookies
12. "___ directed" (medicine bottle warning); 2 wds.
14. Make a point in 33-Across, for example
16. "___ out!" (ump's cry)
17. Track-and-field event; 2 wds.
19. Encountered
20. Two ___ kind; 2 wds.
21. Stretch of open wasteland
22. Court sport with a net
24. Smart-looking
26. Wolf down
27. ___ volleyball (sport played on sand)
29. Houston hockey team
32. Online info sheets
33. Sport in which a shuttlecock is volleyed
37. Monkey in "Aladdin"
38. Place for Olympic opening and closing ceremonies
40. Hard water
41. Korean discipline that's an aggressive form of karate; 3 wds.
43. Bounced-back sound
44. Kitchen strainer
45. Rodeo rope
47. Numbered highway; Abbr.
48. Biblical dancer in the book of Matthew
51. Begins a game of 22-Across
54. Decrease in intensity
55. "Fists of Fury" director Lo ___
58. Nickname for a Yale student
59. Event in Olympic diving
62. Car-towing org.
63. Event in Olympic fencing



© 2004, The New York Times

- | | | |
|---|--|--|
| <ol style="list-style-type: none"> 64. Spring month 65. Word in a thesaurus; Abbr. 66. Reasons to go into overtime 67. Another event in Olympic fencing | <ol style="list-style-type: none"> 11. Martial ___ (events such as 41-Across and 1-Down) 13. Poison ___ (plant that causes an itchy rash) 15. Female sheep 18. Tenth-grader, for short 23. Bright light on Broadway 24. Karl Marx's "___ Kapital" 25. Boom-box; basically 27. Ali ___ ("Open, sesame!") sayer) 28. Olympic event involving horseback riding 30. Ostrichlike bird 31. Basketball hoop part 32. Chubby 33. Deadly poisons 34. Total up 35. Spanish for "eight" 36. Main character in "The Matrix" movies | <ol style="list-style-type: none"> 38. Home to Stockholm, site of the 1912 Summer Olympics; Abbr. 39. "Mazel ___!" 42. Capital of Ukraine 43. Suffix with Siam 45. With 1-Across, a track-and-field event 46. One-celled organism 47. Medley ___ (Olympic track event) 49. "Bird on ___" (1990 Mel Gibson-Goldie Hawn movie); 2 wds. 50. Olympic swimming pools are divided into eight of these 51. Settings for sailing 52. Suffix with lion 53. Minor quarrel 55. Bend out of shape 56. Toledo's lake 57. Doing nothing 60. Hitting stat, in baseball 61. Not closed, in poetry |
|---|--|--|

DOWN

1. Self-defense method based on jujitsu
2. "Catch ___ You Can" (hit song by the Dave Clark Five); 2 wds.
3. City east of Phoenix
4. ___-Man (arcade classic)
5. Camera setting; Hyph.
6. Earthy pigment, British-style
7. Neither here ___ there
8. Pace in 28-Down events
9. Sport that includes tumbling
10. "Now you ___, now you don't!"; 2 wds.

News from the Education Department

The Education classrooms have been hosting fun science experiments and demonstrations in addition to the Summer Reading Challenge. Of course the experiments are a great way to learn about science concepts and the kids are having a lot of fun with it. Our current unit is on Solids, Liquids and Gases. We have experimented with Alka rockets, gloop, heat on water with popcorn and liquid launch. There are a bunch of fun and messy experiments coming up as we move onto our units studying the body, weather and living/non-living.

The reading challenge is a hit with 37 children participating so far! More children join the challenge weekly. It is very exciting to see a classroom full of readers from Kindergarten to pre-teens. During free time there are many games to play - Jenga, Battleship, Bingo and Uno being the most popular with the group.

The computer lab is bustling as always with 7 stations to use. To earn computer privileges in the library a child must read for 30 minutes before getting a turn. This has

significantly increased the reading times for the children who really want to play on the computers. What a great incentive!

Another project the library is working on is the documentary, "Stories of the Nooksack Elders". The library received a grant from the Institute of Museum and Library Services to make this documentary. Teens have been assisting with interviewing the elders and Loren Roberts has dedicated hours to make sure we are filming historically accurate Nooksack Place Names. We recently went out with Loren and shot many beautiful historically significant places to be incorporated into the film. We are now in the editing phase of the film. If you would like to donate music or Nooksack songs for use in the documentary we would greatly appreciate any offer. Contact the Education Department and ask for Charise Wenzl or Ravenia Hillaire at 966-9696 if you have any questions or would like to donate music for the soundtrack. Thank you! ■



above: Loren Roberts pointing out historically accurate places for the documentary. right: Shooting for the documentary.

HEAD START

Accepting Applications



Nooksack Indian Tribal Head Start is accepting applications for classes that will start in September. Please contact Carmen Cooper at 360-592.0141 or stop by 5018 Alder street to pick up an application. Your Child must turn 3 by August 30th to attend. ■



Chayleigh and Samiya.



Nathan and Landon prove even science can be silly.



David during our rocket science experiment.



Eva and Hanna measuring for the rocket experiment.



Brayden and JR practicing their measuring skills during science.



Douglas enjoys playing Legos in the library.



Elias works on boosting his reading challenge minutes.



Loren loves the Summer Reading Challenge!



Phoenix having fun during science class...



JJ and Malik get into the Summer Reading Challenge action.



Maurice taking time to relax and read.



Raymond and a friend play Bingo in the library.



Elias, Natalie, Jace, Keke and Nika discovering that science can be fun, messy and cool!



*(above top)
Taylen can always be found reading in the library...*

*(above middle)
You hold the rocket... I'll measure the water...
(directly above) Friends play Jenga in the library.*



Two girls get ready to blow up their rockets....



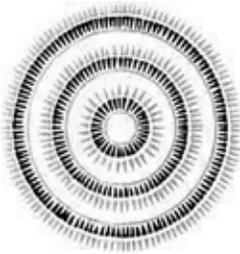
Tavian seems to be enjoying those fancy safety goggles.



Science partners...



Getting ready to blow off our Alka Rockets!



American Indian Institute

Traditional Circle of Indian Elders and Youth

502 West Mendenhall Street, Bozeman, Montana 59715 Telephone (406) 587-1002

February 12, 2016

To: Traditional Circle of Indian Elders and Youth
From: Eric Noyes, American Indian Institute
Re: First Announcement - 2016 Elders & Youth Council

Physical Address of where
the event will be held:
3960 Hillside Road
Vanzandt, WA

Greetings and love to each of you. I hope you are well.

The 39th annual International Elders & Youth Council will be hosted in August by traditional leadership of the Nooksack Indian Tribe. The camp will be located in the heart of their territory in the northwest corner of Washington State near the Nooksack River.

The dates for the Council are August 9-13. The Council begins at first light on Tuesday, August 9th, and concludes around midday Saturday the 13th. You are invited to arrive for the Council a day early to set your camp up.

Our host for the Council is Agripina Smith from the Nooksack Community, and Lisa Powers from the Tulalip Community.

Agripina Smith

Phone: 360-305-7947

Email: adsmith@nooksack-nsn.gov

Lisa Powers

Phone: 425-508-2413

Email: Pewenofkit1@aol.com

The Council will be held in the Nooksack ancestral homeland located near Everson, Washington, just 15 miles east of Bellingham, 12 miles south of the Canadian Border, and 100 miles northwest of Seattle off of Interstate 5. Nooksack is nestled amongst majestic mountains, lush forests and the meandering Nooksack River. Directions to camp will be included in the second announcement letter.

Facilities at camp will include a central meeting arbor, men's and women's porta-potties, large dining tent, and a cooking area. Showers and bathrooms are in the area. Delegates will stay in camp, where all meals will be provided. We ask that you bring your own tents, ground cover, sleeping bags, plates, bowls, eating utensils, coffee mugs, water bottle, flashlight, etc. Fires and vehicles will be allowed in camp. Housing is available nearby for Elders who cannot camp.

Transportation: The area is served by the Sea-Tac Airport in Seattle and the Bellingham Airport in Bellingham, Washington. The closest bus and train stations are in Bellingham. Transportation will be available from both Sea-Tac and Bellingham Airports as well as the Bellingham bus and train stations.

Please let me know if you plan to attend the gathering so that we can help our hosts prepare adequately for the traditional foods they will provide. As usual, limited amounts of travel funding will be made available to Elders in need. We look forward to seeing you at the Nooksack Nation in August.

I would also like to let you know about the annual Tribal Canoe Journey taking place in the Seattle area just prior to the Elders Council. The host tribe for this year's Canoe Journey is the Nisqually Tribe.

Helping sustain Indigenous Wisdoms in the Americas since 1972



Nooksack Tribal Police Department

The mission of the Nooksack Tribal Police Department is to provide the highest level of community service and ensure a safe place for families to live and grow.

2016 Crime Statics

The following is an example of the number, and type of calls for service the Nooksack Tribal Police received in the First quarter of 2016:

Alarms/Open Doors: 42

Attempted Suicide: 1

Assaults: 5

Burglary: 6

Child Abuse: 7

Domestic Violence: 9

Drug Complaints: 7

Deaths: 0

Disorderly: 1

Fish & Game: 0

Harassment: 1

911 Hang-up: 20

Lost & Found: 2

Noise Complaint: 7

Security Checks: 25

Resisting Arrest: 0

Trespass: 3

Vehicle Accidents: 0

Paper Service: 16

Warrant Arrests: 4

Suspicious Activity: 10

Thefts: 1

Welcoming a New Officer

We just completed testing for a replacement officer for Brent Greene, who went to work for Blaine Police Department. We will be offering a conditional job offer to Lynda Seixas, who come to us from Island County Sheriff's Department and has an impressive background in investigations. ■

SUDUKO & CROSSWORD Puzzle Answers

7	8	4	1	9	6	2	3	5
3	2	1	5	8	4	6	9	7
9	5	6	3	2	7	4	1	8
2	9	7	4	5	1	3	8	6
8	4	5	9	6	3	1	7	2
6	1	3	8	7	2	9	5	4
1	7	9	6	4	5	8	2	3
4	3	2	7	1	8	5	6	9
5	6	8	2	3	9	7	4	1

J	U	M	P			F	O	N	T			G	S	A		
U	S	E	A	S		S	C	O	R	E		Y	E	R		
D	I	S	C	U	S	T	H	R	O	W		M	E	T		
O	F	A		M	O	O	R		T	E	N	N	I	S		
				D	A	P	P	E	R			E	A	T		
		B	E	A	C	H			A	E	R	O	S			
F	A	Q	S				B	A	D	M	I	N	T	O	N	
A	B	U		S	T	A	D	I	U	M		I	C	E		
T	A	E	K	W	O	N	D	O				E	C	H	O	
			S	I	E	V	E				L	A	S	S	O	
		R	T	E				S	A	L	O	M	E			
S	E	R	V	E	S			W	A	N	E		W	E	I	
E	L	I			S	P	R	I	N	G	B	O	A	R	D	
A	A	A			S	A	B	R	E			A	P	R	I	L
S	Y	N				T	I	E	S			E	P	E	E	

Nooksack Food Bank has Moved

5061 "B" Deming Rd

Deming, WA 98244

360-592-0135

The Nooksack Food Bank has an exciting announcement! We have found a permanent location in the Deming area and are now operating out of this new location. You can find us directly behind the social services (family services) building.

If you have questions or for more information, please feel free to contact Crystal Bailey or Mimi Jimmy at 360-592-0135.



ELDERS LUNCH MENU

August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
1 Everson Shopping Fish and Chips Cole Slaw	2 Beef Taco Refined Beans Salsa and Chips	3 Pulled Pork Sandwich Cole slaw Cottage Cheese and Fruit	4 Swedish Meatballs Rice Veggies	5 Bellingham Shopping Food Bank Chicken Breast Potato Wedges Steamed Veggies
8 Everson Shopping Goulash Garlic Bread Veggies	9 Commodity Day Turkey Mashed Potatoes Veggies	10 Chili Corn bread Veggies Cottage Cheese and Fruit	11 Prime Rib Baked Potatoes Mixed Veggies	12 Teriyaki Chicken Rice Veggies
15 Northwest Washington Fair Lynden, WA Must be signed up	16 Everson Shopping Baked Salmon White Rice Baked Beans	17 Hot Dog Potato Salad Chips	18 Upper Skagit Annual Luncheon Doors open at 10:30 AM Upper Skagit Gym	19 Fried Chicken Mashed Potatoes Cole Slaw Cottage Cheese and Fruit
22 Everson Shopping Chicken Fried Steak Mashed Potatoes Veggies	23 Staff Picnic Closed at noon No Lunch	24 Hamburger Potato Salad Baked Beans Chips	25 Pork Roast Mashed Potatoes Veggies	26 Tuna Casserole Veggies Cottage Cheese and Fruit
29 Everson Shopping Mac and Cheese Veggies Cottage Cheese and Fruit	30 Soup and Sandwich Ham or Turkey on Whole wheat Macaroni Salad	31 Baked Ham Scalloped Potatoes Steamed Veggies	Lunch is served at Northwood Casino Starting at Noon	

Every Day Fresh Green Salad, Fresh Fruit, Soup Chef Choice, Sugar Free Desserts



Snee-Nee-Chum
P.O. Box 157
Deming, WA 98244

2016 Holiday Calendar

The Nooksack Tribal Council has approved the 2016 Holiday Schedule. Tribal Offices will be closed on the following days in 2016.

- September 2 – Council’s Choice • September 5 – Labor Day • September 23 – Governance Day
- October 10 – Coast Salish Day • November 11 – Veterans Day
- November 24 – Thanksgiving Day • November 25 – Day After Thanksgiving • December 25 – Christmas Day

Administrative Contacts

Tribal Council Office (360) 592-5164
 Enrollment Office (360) 592-5176 x1010
 Tribal Council Fax (360) 592-4506

Administration

Administrative Office Main..... (360) 592-5176
 Administrative Fax (360) 592-2125
 Human Resources (Director: Suzanne Brownrigg) ... (360) 592-5176
 Emergency & Risk Management (360) 592-HELP (4357)

Law Enforcement (Police Chief: Rory Gilliland)

Police Department (360) 592-9065

Health Services (Director Lona Johnson)

Medical Clinic (360) 966-2106
 Dental Clinic (360) 306-5151
 Medical Business Office (360) 966-7704
 Genesis II Office (Manager: Rick George) (360) 966-7704

Behavioral Health (360) 966-2376

Social Services (Director: Nadeen Jimmy)

Social Services Main (360) 592-0135
 Elders Office (360) 592-0100
 TANF-Deming (360) 592-3219
 TANF-Skagit (360) 848-1758
 GED Office Nooksack (360) 592-0135 ext 5124
 GED Office Skagit (360) 848-1758
 Domestic Violence Office (360) 592-5176
 DV Emergency Hotline (360) 592-4164

Family Services (Director: Ken Levinson)

Indian Child Welfare (ICW) (360) 306-5090
 Child Support (360) 306-5090

Education (Director: Donia Edwards)

Education Main Office (360) 966-2043
 Headstart-Deming (360) 592-0141
 Headstart-Everson (360) 966-0523

Youth Program (Director: Roxanne Murphy)

Office (360) 966-2043

Other Services

Tribal Court..... (360) 306-5125
 Tribal Court Fax (360) 306-5181
 Housing Office (Director: Katrice Romero) (360) 592-5163
 Natural Resources (Director: Gary MacWilliams) (360) 592-5176
 Fishing and Shellfish Fisheries Hotline (360) 592-5140
 Cultural Resources (Director: George Swanaset, Jr.) ... (360) 306-5759
 Tribal Veterans (Program Manager: Jovie Joven) (360) 592-5839
 Tribal Gaming (360) 592-5472
 Facilities & Maintenance
 (Director: Richard Edwards) (360) 592-0162
 Auto Shop (360) 306-5756
 Community Building (360) 966-9153
 North Intertribal Vocational
 Rehabilitation Program (360) 592-5176 x1048

Casino & Market Centre

Nooksack Northwood Casino (360) 734-5101
 Toll free (877) 777-9847
 Nooksack Market Centre..... (360) 592-5864