

Situation Report Week of Apr. 6 - Apr. 12

To: Nooksack Tribe Community Members

From: Nooksack Pandemic Response Team, Tribal Government & Emergency Management

Subject: Situational Report

Date: April 14, 2021

Nooksack Tribe's Notable COVID-19 Response Accomplishments Apr. 6 - Apr. 12

- Canada sees a rapid increase in both B117 (UK) and P1 (Brazilian) COVID variants. Initial studies show these mutant variants are more contagious. Overall, cases are expected to rise after spring break.
- Nooksack hosts a 5-day Pfizer <u>vaccine clinic</u> open to the general public on a first-come, first-served basis. Dates of the clinic are April 6, 7, 13, 14, and 20 from 9-12 pm and 1-3 pm. Nooksack Tribal members will be prioritized.
- Any Nooksack Tribal member 16+ can contact the Health Clinic for a COVID-19 vaccine. COVID-19 vaccines are safe and have been proven to prevent death and hospitalization. Call Georgiann Perez at the Clinic at 360-966-2106, or online appointment requests can be made here.
- The Nooksack Clinic will have Johnson & Johnson more limited single-dose vaccines.
- The Clinic hopes to outreach to local schools to protect youth 16+.
- The Nooksack government continues to work on utilizing COVI-19 assistance funds from the state of Washington.
- The Nooksack Pandemic Team and Council discuss the community center weight room safe-use policy for reopening.
- New <u>studies</u> show long-haul, or long COVID, can exhibit significant long-term complications. Younger patients infected with COVID-19 are much less likely to die, but may have chronic long-term effects of the disease. Symptoms can include fatigue, joint pain, cough/chest pain, anxiety, depression, PTSD, headaches, and insomnia.
- With many schools increasing in-person schooling, parents are encouraged to bring their children of any age in for testing at the Nooksack Clinic, M-F 1:30-3 pm. Please call ahead.